



State of Indiana
Department of Correction

Division of Medical and Clinical Healthcare Services

Indiana Government Center South
302 W. Washington Street
Indianapolis, IN 46204

Facility: CIC

PATIENT: JONATHAN RICHARDSON
DATE OF BIRTH: [REDACTED]
DOC #: 127630
DATE: 04/24/2019 3:02 PM
HISTORIAN: self
VISIT TYPE: Onsite Consult

Individual Counsel/Psych Prog Note

General

Program Name: Outpatient

Start time: 3:00 PM

End time: 00 hours, 50 minutes

Duration: 00 hours, 50 minutes

Individuals Present/Support Resources

Contact type:

Onsite

Individual present.

MENTAL STATUS EXAM

GENERAL OBSERVATIONS:

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

MENTAL STATUS:

Unremarkable

Mood: Euthymic

Affect: Full

Exhibit	63
Witness	
Date	SL

Speech: Clear
Thought process: Logical
Perception: WNL
Hallucination: Denied None evidenced
Thought content: Within normal limits
Delusions: None Reported
Cognition: Within normal limits
Intelligence estimate: Average
Insight: Within normal limits
Judgment: Within normal limits

Subjective Information

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled follow-up visit. He says he is doing much better with the loss of his sister. He is currently finding himself very irritable with others and getting annoyed with little things. He brought a journal with him in which he has been documenting events that trigger especially strong emotions and then writing poetry in response. He shared three of the incidents and associated poems. He also shared information about his "unhealthy sexual fantasies" involving underaged girls.

New issues/stressors/extraordinary events presented today: None reported

Goals, Objectives, and Interventions Addressed Today

Interventions/Methods Provided:

Psychologist actively listened and processed the content and meaning of the poems shared. Explored themes of rejection and vulnerability with the offender. Encouraged him to continue to express himself in healthy ways such as writing. Discussed the origin of his sexual fantasies, his belief that he would never act on urges with someone underaged, and his feelings of self-loathing for allowing himself to indulge in fantasies that he believes are unhealthy.

Response to Interventions/Progress Toward Goals and Objectives:

Stable, expressive, and willing to make himself vulnerable and open in therapy.

Current Assessment

Individual's progress: Good progress

Assessment:

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

Risk Assessment

CURRENT ENCOUNTER

Risk Assessments

Patient denies suicidal ideation, plan, intent, and/or attempt.

Patient denies property damage ideation, plan, intent, and/or attempt.

Patient denies homicidal ideation, plan, intent, and/or attempt.

RISK ASSESSMENT HISTORY

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		04/24/2019	04/24/2019	No				

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Property	Denies	04/24/2019	04/24/2019	No
Homicide	Denies	04/24/2019	04/24/2019	No
Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt Description

SAFETY MANAGEMENT PLAN

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

Assessment/Diagnosis

AXIS IV

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

AXIS V

Current GAF: 67

Date: 04/24/2019.

Highest GAF: 68

Date: 05/01/2018.

Plan and Additional Information

Date	Order Description
05/01/2019	MHP follow-up for Ind Tx

SIGNATURES

Staff: Signed by Richard J. Gale, PsyD, HSPP on 04/26/2019

Behavioral Health Billing

Start time:	3:00 PM
End time:	3:50 PM
Duration:	00 hours, 50 minutes
Modifier:	N/A

Document generated by: Richard J. Gale, PsyD 04/26/2019 09:57 AM

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